

# Sewing pattern & instruction

## Pully

# SEWERA



### Information:

- Sewing pattern women shirt / extendable to a dress
- Suitable for all elastic fabrics
- Sizes 32 - 50 / 2 - 20
- Pattern includes different front pieces for smaller bust (A - C Cup) and bigger bust (D+ Cups)
- Dividing seams at front and back
- 4 different sleeve lengths
- Adjustments for pattern
- Pictured instruction

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# Pully

## Guide to the sewing pattern ,Pully‘ by Sewera

Dear sewing friend,

Thank you for buying my Pully pattern, I hope you enjoy making it as much as I enjoyed designing it!

Please read the entire manual first, before you begin to print the pattern. If you have questions at any time please contact me:

info@sewerafashion.com or join my support group on Facebook for questions, feedback and showing your finished pieces:

<https://www.facebook.com/groups/138627016917579/>

The pattern has tight fit. Wash the fabric before cutting it to size. The Pully is sewn with an elastic stitch unless otherwise stated (triple straight stitch, overlock stitch or zigzag stitch).

Fabric recommendation:

Elastic fabrics such as stretchswear, summersweat, modal, cotton jersey, happy fleecce and other knitted fabrics.

The pattern is designed for stretchable materials that are stretchable in both directions, if you take a little or only crosswise elastic fabric, sew one size larger. The pattern is designed for an average size of about 170cm/5‘5“ , if you are smaller or taller, shorten or lengthen the pattern accordingly. The pattern is designed as a sweater, but can easily be extended as a dress, see page 7 for tips. To save paper, only the sweater length is recorded.

PLEASE BE AWARE the pattern does NOT contain any seam allowance. This allows you to chose your own preferred amount of SA. Suggestions on each pattern piece.

For the sake of the environment: Print only the pages that you need. You will find the patterns in a separate ZIP file called DIN A4 & US letter format.

Thank you,  
Carina

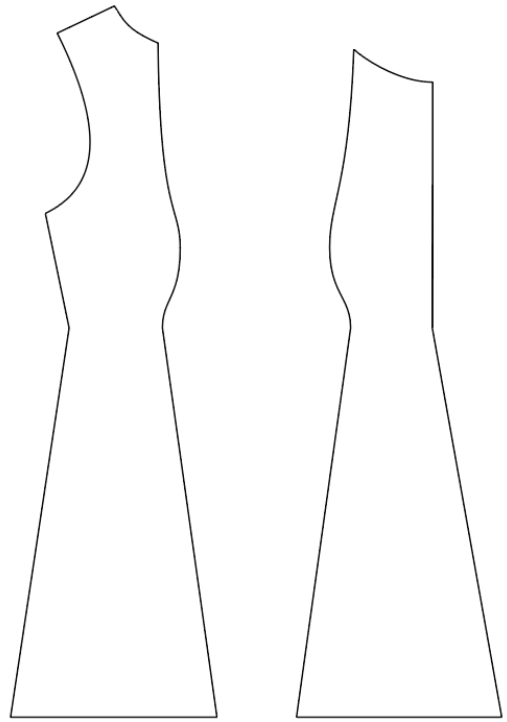
## Overview of pattern and cutting layout:

Middle & side front piece

A - C Cup or

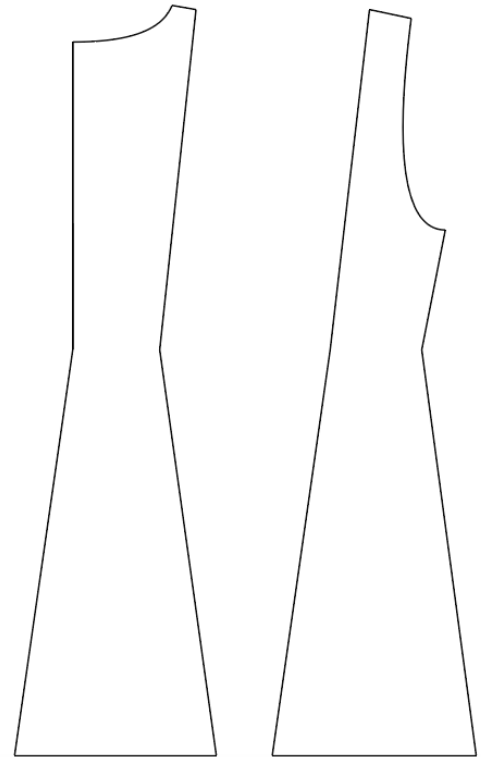
D - F Cup

Cut 2 mirror images each



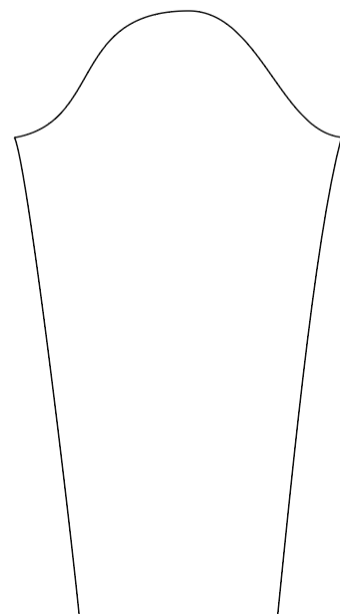
Middle & side back piece

Cut 2 mirror images each

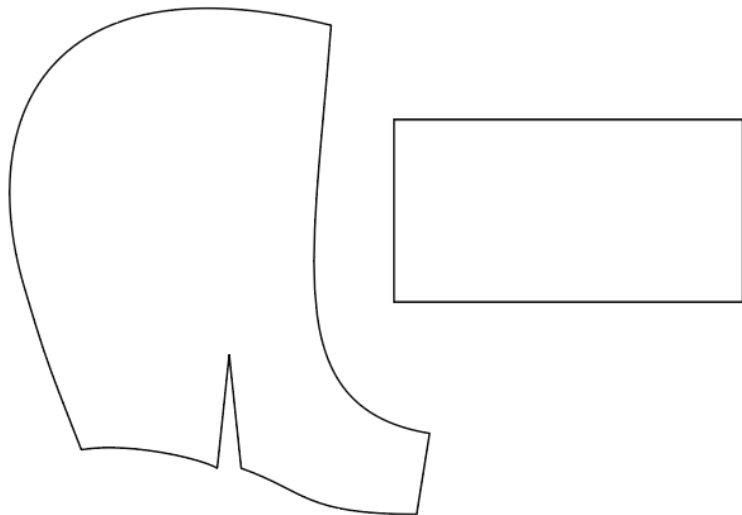


Sleeve

Cut 2 mirror images







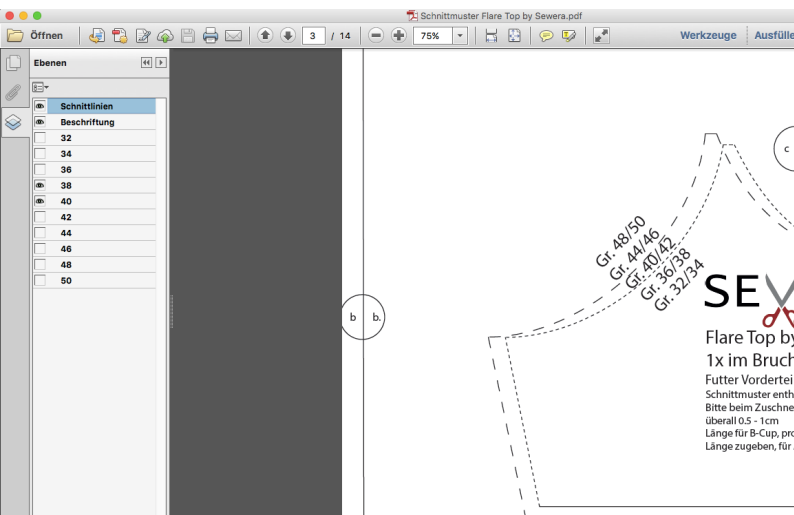
Hood

je 2x gegengleich aus Außen- und Futterstoff zuschneiden

OR

Collar

im einfachen oder doppelten Stoffbruch zuschneiden



To print: Open the file in Adobe Reader (free program). On the left side you can select the layers you want to print. Choose your size (s) and ALWAYS the cut lines and label.

On the first page you will find an overview of which parts are on which pages.

## Required material:

Outer fabric: 0.8 - 1.6m/0.9 - 1.8yards for Hoodie length lengthened as dress 1.2 - 2.5m/1.3 - 2.8yards

Sleeves: up to size 38 they fit next to the sleeve, starting at size 40 additional 75cm/0.9yards

Hood: 50cm/0.6yards of outer and lining fabric. Starting at size 40 the hood fits next to the sleeve

Collar: 20cm/8inch or 40cm/0.5yards, starting at size 40 it fits next to the sleeve

**Measurements chart:**

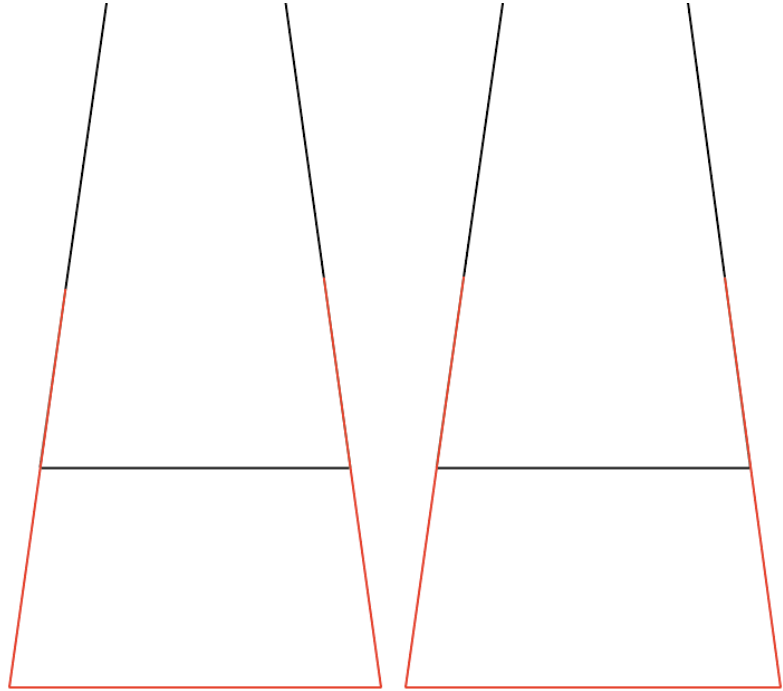
Size german / US	Bust width cm / inch	Waist width cm / inch	Hips width cm / inch
32 2	85 33.5	60 23.6	90 35
34 4	89 35	64 25.2	94 37
36 6	93 36.6	69 27.2	98 38.6
38 8	97 38.2	74 29.1	102 40
40 10	101 39.8	79 31.1	107 42.1
42 12	105 41.3	84 33	112 44.1
44 14	110 43.3	89 35	117 46.1
46 16	115 45.3	94 37	123 48.4
48 18	120 47.2	100 39.4	129 50.8
50 20	125 49.2	106 41.7	135 53.1

## Adjustments:

You can customize the length of your pullover to suit your taste. Simply draw a new hem line parallel to the existing one. This is especially easy with a patchwork ruler. You can extend the sweater up to the maxi dress.

For a dress up to the middle of the thigh I recommend to add approx. 20 - 25 cm/8-10inch.

Extend the dividing seams to the outside.

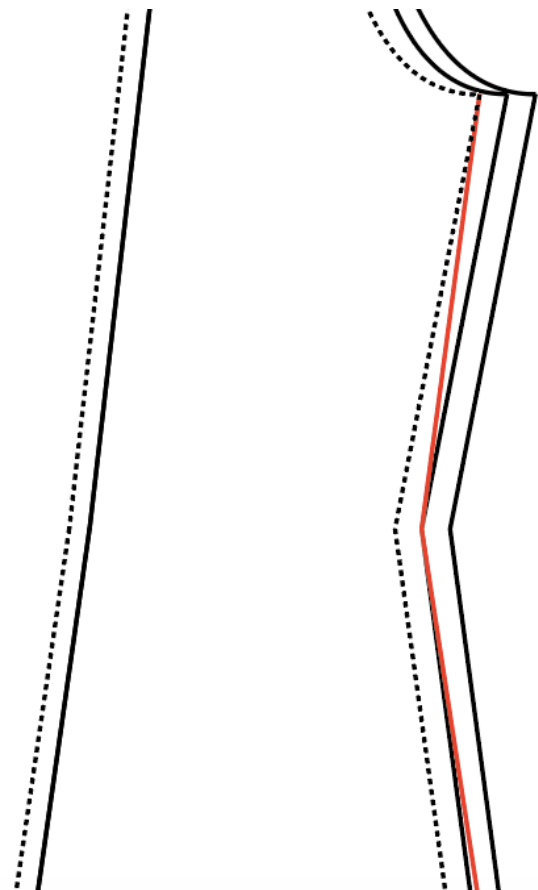


The cup sizes are approximate, basically the front parts are for A - C cups for rather smaller breasts and D+ cups for larger breasts.

If you wear different sizes at bust, waist and hip, connect the corresponding sizes along the dividing and side seams.

Attention: the narrowest part is NOT at the waist but under the chest.

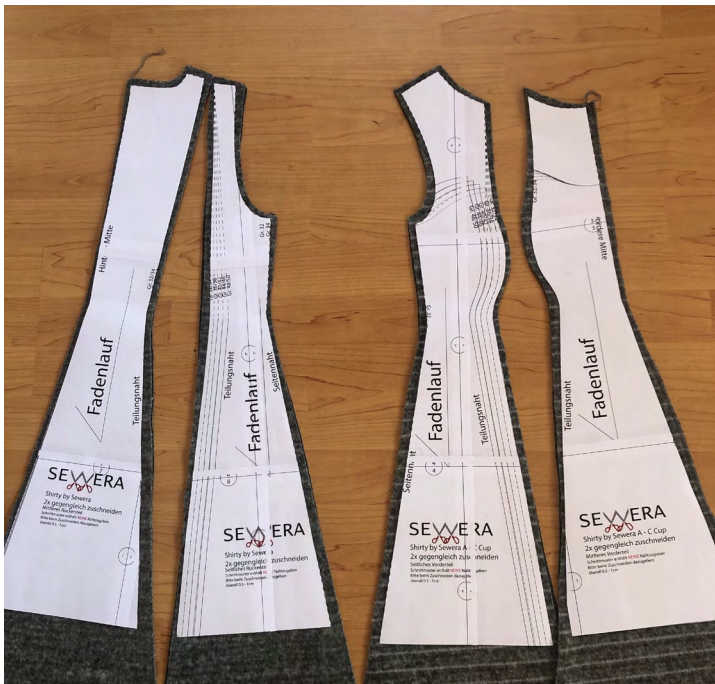
The waist measurement is therefore more of an orientation point.



## Dividing seams:

I recommend to fold the fabric right to right side for the cutting. This means that the middle front and back parts are already correctly placed on top of each other to be sewn together.

Next the side parts come to the front and back part along the dividing seams.



## Shoulder seams:

Close the front and back parts at the shoulder seams right to right side together.



## Insert sleeves:

Transfer the mark 'front' onto the fabric with a pin, a notch in the seam allowance or your tailor's chalk.

Place the sleeves along the armholes on your top. Check that the 'front' mark is also on the front. Sew the sleeves to the armholes.





## Sideseams:

Pin the front and back right sides together along the side seams. The sleeves are on fold for this.

Sew the whole side seam from the hem of the sweater/dress to the hem of the sleeve in one go.

## Hood:

Transfer the corner points of the darts to your fabric. At the edge of the neck this is best done with a notch in the seam allowance, for the tip I recommend to insert a pin into the fabric.

Pin the end points together at the neckline and let the resulting edge run out to the pin.

It is best to sew the darts together with the regular sewing machine, from the edge to the tip.







Place the two hood parts of the outer fabric right sides together as well as the lining hood parts and sew the outer curve and the front short edge together.



Now turn the lining hood outwards and push it into the outer fabric hood, so that the right sides of the fabric meet again.

Now sew the face opening together.



Now turn the hood with the right fabric side of the outer fabric outwards.

If you like, you can now topstitch the edge. Make sure that you do not warp the fabric, I recommend to work with an upper transport foot.



Pin the hood right sides together into the neckline of your pullover / dress and sew it tight along the neckline.

Then turn the sweater / dress around.



## Collar:

You can cut your collar narrow or wide according to your wishes. If you want the finished collar to be 7cm/3inch high, then fold the fabric vertically and cut the collar.



If you want the finished collar to be 14cm/6inch high, fold your fabric vertically and horizontally. This way you have one fabric fold at each narrow and wide edge and 4 layers of fabric on top of each other. Cut the collar.







If you lay the fabric down flat, the cut collar will be 4x the size of your pattern.



Fold the collar vertical right sides together and sew the centre back.



Now turn the collar outwards.

Fold the collar horizontally left sides together.



Pin it with the two open edges right sides together into the neckline and sew it there.

With the high collar you can now carry it up or folded down.



### **Rib neckband:**

If you prefer a narrow rib cuff at the neckline, cut it according to the following calculation:

Circumference times:

Rib cuff fabric: 0.7

Jersey knit fabrics: 0.8

Sweat knit fabrics: 0.9

In the height you can go completely according to desire, I recommend to take 3.5 - 5cm/1.5 - 2inch.

Sew the cuff exactly the same as the collar on the previous page.

### **Hemline:**

Depending on the fabric, it is advisable to leave the hem edge open, i.e. unprocessed. Many jersey knits and sweat fabrics do not fray and a hem would only unnecessarily weigh down the fabric. However, if you don't want to do without a clean finish, I recommend that you make a fine rolled hem or topstitch the hem with a maximum width of 0.7 - 1.5 cm / 1/4 - 1/2inch.

## Thanks / testers:

I'd like to thank my testers, who have done tremendous things. Thank you for your endless patience with me, the many great photos, jumps and ideas.

Let yourself be inspired by them, after the links you will find a selection of sweaters and dresses that were created in the trial.

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Design examples:



















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Der Spezielle











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